

To the Central New Jersey ACA Intergroup  
From the ACA meeting, Strengthening My Recovery, WEB0120

Dear Friends,

The *Strengthening My Recovery, Morning Meditation Meeting* began in March 2020 as a daily online ACA meeting, with hopes of satisfying some needs of the fellowship, in a time of Covid lockdown. The meeting began on the Zoom account of the Central New Jersey ACA Intergroup.

What began as a small online meeting of three ACA fellows in New Jersey, quickly expanded to over 25 regular members. As the meeting grew in popularity, the format evolved. The meeting was listed with the WSO in April, and we sent a representative to the Annual Business Conference. The checkout readings, which originally were chosen by the group each day, were assigned to particular days of the week. Breakout rooms were instituted to allow for more member sharing. We established our own Gmail address for receiving queries and making announcements - [acamorning@gmail.com](mailto:acamorning@gmail.com)

Today, our meeting is attended regularly by people from all over the world - averaging over 70 members on weekdays, 50-70 on weekends. The smooth running of the daily morning meeting only happens with the appreciated efforts of a large number of member volunteers, and the group continues to organize its procedures and determine the leadership roles.

With a goal of honoring our 7th tradition and becoming more self-supporting, the group is transitioning away from the generosity of the NJ Intergroup. During this transitional period, we have identified a group treasurer, Jim R., who has activated a new PayPal account. We are ready to receive the 7th Tradition donations which were sent to the NJ Intergroup in safe keeping for the Strengthening My Recovery meeting. The meeting will use these funds to purchase a Zoom account, immediately, and possibly a website in the future. Beyond a prudent reserve to cover our annual expenses, regular disbursements will be made to support the ACA service structure - the Intergroup and the World Service Organization.

*We would like to acknowledge the Central NJ Intergroup for conceiving of this remarkably powerful meditation meeting and for providing ongoing support.*

Our meeting is awed by the opportunity of bringing the ACA message of recovery and fellowship to a grateful worldwide membership, with participants zooming in from Australia and Singapore, to Germany and Spain, from Ireland to New Zealand, England to South Africa, and all across North America - from Canada to California to the Carolinas.

Yours in fellowship,

The SMR Transition Committee

Barbara, IL      Jim R., NY      Leslie L., NY      Sarah O., NJ

*This letter was originally drafted in July, 2020. Jim R.*