

## INNER CHILD

Hey there little guy, how have you been?  
Move out of those shadows, that you've been living in  
Come on out here, and let me see who you are  
Don't be afraid, or ashamed of your scars

I heard you were still around, which was news to me  
You haven't changed a bit, since 1963  
It seems as though, the way we were raised, has had an affect on you  
But I guess that's not a big surprise, it affected me too

Remember how it use to be, way back in the day?  
How lonely it would get, when mom and dad would go away?  
And even when they were there sometimes, it was still just you and me  
I'm not so confidant we were wanted, wouldn't you agree?

Remember, that instead of getting better, it got steadily worse  
And after mom's breakdown, God, we were living a curse  
Dad was usually drunk, and mom, she was always high  
We lived in a house of squalor, and we didn't understand why

But that's the way it was, that's the hand we were dealt  
So we began to medicate, numbing the pain we felt  
We found a certain solace, in alcohol, drugs and sex  
Fed by an insatiable appetite, for what could comfort us next

We found a type of security, with people, places and things  
A calm from the storm, that each one seemed to bring  
We did what we had to do, to cope with our situation  
We walked on many paths, to reach a destination

But I found it wasn't the answer, for the anger, resentment and grief  
It did nothing for the abandonment, it gave me no relief  
It was a momentary refuge, for a childhood of despair  
A band aid on neglect, a substitute for love and care

So, how have you been dealing, with your emotions of the past?  
Have you also looked for answers, in relationships that never last?  
Have you struggled thru this life, oblivious you were even sick?  
Well, I have the remedy for you, surrender is the trick

You see, I'm on a road of recovery, a road that's bringing me peace  
And if you'll take my hand, the past we can release  
We can walk this road together, step by step and side by side  
We will exorcise our demons, expel them from where they hide

We'll live our life in all it's fullness, count our blessings everyday  
We will face life's uncertainties, whatever comes our way  
We'll begin to know an inner peace, and once and for all, true salvation  
We'll build the life we should have had, and put it on a spiritual foundation

I'm aware that what I say to you, may be hard to comprehend  
But if you take this leap of faith, your scars will start to mend  
We'll grow to know a serenity, that eventually will set us free  
The day has come for us to be one, for I am you and you are me